



Annual Report 2024-2025

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As of August 1, 2025

Mission

Building better lives and strengthening our community by providing essential human services to children, families, adults, and seniors



A thriving community of empowered individuals and healthy families

Values

Professionalism, Integrity &
Excellence
Proactive Approach to Meeting
Community Needs
Strength-Based, Solution Focused
Services
Support Inclusivity

The design of this annual report was inspired by art created by our Child & Family Development programs.

Letter from President & Chair



Dear Friends.

This past year at Family & Children's Agency (FCA) was marked by meaningful growth, innovation, and connection. Across every department, our staff responded to increasing needs in the community with dedication, creativity, and compassion, ensuring that individuals and families received support when they needed it most.

Throughout this report, you'll read about many of the milestones we've reached together. From launching new programs for adolescents to expanding our services in Behavioral Health and Family Support, our work continues to evolve to meet the moment. Our team helped more young people stay in school and graduate, provided care for adults facing mental health and substance use challenges, stood beside families navigating crises, and deepened our support for older adults aging in place.

We are proud to have been selected for several new initiatives, including a statewide pilot for an enhanced clinical model serving youth with substance use disorders. We also began laying the groundwork for new workforce development programs aimed at helping young people gain the tools and opportunities they need to build strong futures. These efforts represent just a portion of the impact made possible by your partnership and trust.

Looking ahead, our focus remains clear: expand access to mental health care, support stability across generations, and continue building programs that respond to both emerging challenges and long-standing needs. We remain deeply committed to our mission, and to serving this community with compassion, integrity, and excellence.

Thank you for being part of this work. Your support is not only appreciated it is essential to everything we do.

Robert F. Cashel President & CEO

Rita McKenna Olson

Rita Mc Kenna Olson

Board Chair

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CHILDREN

At FCA, children are met with care, consistency, and opportunity. Through nurturing relationships and targeted support, our programs help young people manage emotional challenges, build life skills, and thrive both in and out of the classroom.

GUIDING STUDENTS TO GRADUATION, TOGETHER

This year, FCA joined forces with the City of Norwalk, House of Darla, Elm Village, and Norwalk Public Schools to launch a groundbreaking new initiative: the TAG program (Taking Actions to Graduate).

The program is working directly with families and students to address challenges including school engagement, graduation, and basic needs. FCA coordinates with partners and community resources to create a clear and unified plan of support for each student. This is a first-of-its-kind approach in Norwalk. By aligning systems and walking alongside families, TAG is creating new pathways toward stability and long-term success for students who need it most.

FUTURE IN FOCUS: CAREER SUPPORT

FCA is proud to have been chosen by Fairfield County's Community Foundation to deliver comprehensive wrap-around support for young adults participating in its new Career Pathways for Youth initiative. Working alongside Nuvance Health, CT State Norwalk, and CT State Housatonic, FCA will provide individualized support including case management, mentoring, transportation, childcare, mental health care, and other services to remove barriers to program participants aged 18–25 from Norwalk and Bridgeport.



By providing fully integrated services from enrollment assistance and career coaching to mental health and wellness supports, FCA will ensure that young adults receive the holistic guidance they need as they train for high-demand healthcare careers. This partnership marks a vital step toward enhancing economic mobility and building a diverse, skilled healthcare workforce in Fairfield County.

NEW PROGRAM HELPS YOUTH OVERCOME SUBSTANCE USE

This year, FCA's Multisystemic Therapy (MST) program saw such strong early success that the Agency was selected as one of only two organizations in Connecticut to pilot MST-SU, a specialized adaptation of MST designed to serve youth with serious substance use disorders.

MST is an evidence-based, in-home therapy model that supports youth with complex behavioral and emotional needs by working directly with the family and broader support systems. FCA's clinical team provides intensive, individualized support with a focus on improving functioning at home, in school, and in the community.

Being chosen to implement MST-SU is a significant milestone, reflecting FCA's strong performance, clinical excellence, and commitment to serving youth and families with the highest levels of need.



CT AGENCIES SELECTED TO PILOT THE MST-SU PROGRAM, ADDING TARGETED SUBSTANCE USE TREATMENT TO OUR MULTISYSTEMIC THERAPY PROGRAM







FCA's Foster Care program pairs youth with therapy and case management to promote healing, build life skills, and create lasting family connections.

A SECOND CHANCE: LUIS' STORY

At just 16 years old, Luis was found face-down in a park after overdosing on fentanyl. Revived with Narcan, he had already been years into addiction, a heartbreaking trajectory shaped by a childhood filled with abuse, neglect, and trauma.

Luis entered foster care when he was seven. "There wasn't really a 'safe place' for me growing up," he said. "I remember begging not to go inside because I knew what would happen."

Years of instability followed, along with multiple placements and failed treatment programs. His pain ran deep, and like many youth who have experienced significant trauma, he tried to numb it however he could.

When Luis joined Family & Children's Agency's Therapeutic Foster Care program, he needed more than just a place to live. He needed stability, clinical support, and adults who would refuse to give up on him. FCA connected him with Kati and Dan, who saw past the challenges and recognized his potential.

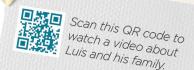
"So many people had already given up on Luis," said Kati.
"But we saw someone worth fighting for."

Through unwavering commitment, intensive support, and the wraparound care FCA provides, Luis's story began to change. He was adopted by Kati and Dan in February. He's graduating from high school. He's planning for college. He has a home, a future, and a family that believes in him.

"I didn't know people like this existed," Luis said. "My goal used to be to make money for drugs. Now I have a future."



"NOW, I HAVE A HOME, A PERMANENT FAMILY. I HAVE A FUTURE."



SUPPORTING FAMILIES, STRENGTHENING FUTURES

For families caring for a child with significant psychiatric needs, safety and stability can feel out of reach. Family & Children's Agency's Intensive In-Home Child & Adolescent Psychiatric Services (IICAPS) provides a lifeline by offering intensive, wraparound support to help keep children safely at home and out of the hospital.

This past year, the IICAPS team served 59 youth and their families, including 25 who also received psychiatric medication management. In addition to focusing on overcoming mental health issues, FCA staff help reduce other stressors including housing instability, caregiving burden, or food insecurity so families can fully engage in the therapeutic process.

Recognizing the complexity of the work, the entire IICAPS team attended a statewide conference this year to expand their knowledge and strengthen their practice. The program continues to be a vital resource for families seeking security, connection, and healing.

ASPIRE

FCA's ASPIRE after-school and summer program empowers middle and high school students in Norwalk with academic support, hands-on enrichment, and social-emotional tools for success. In a safe, structured environment, students build skills, explore new interests, and receive personalized support to help them thrive in and out of the classroom.

PARTNERSHIPS PROVIDE HOLISTIC SUPPORT

with the Latinx Integrated Care (LINC) Program. Created to serve recently arrived Spanishspeaking immigrant students in Norwalk Public Schools, LINC provides trauma-informed clinical and care coordination services. Through this collaboration, students receive culturally them feel seen, supported, and empowered.

This year, FCA's ASPIRE program deepened its ASPIRE also continued its work with Positive support for students through a new partnership Directions, engaging middle and high school students in interactive workshops focused on well-being and healthy choices. From nutrition and sleep to relationships and substance use, students explored critical topics in a safe, discussion-based setting. By encouraging open dialogue and peer connection, these sessions responsive support as they adjust to a new helped students identify positive role models country, school system, and community, helping and build the knowledge needed to make good



ASPIRE STUDENTS STEP INTO LEADERSHIP

Each summer, FCA's ASPIRE program offers a unique opportunity for high school participants to return in a new role as paid summer interns. Students interested in the position go through a formal hiring process, preparing resumes and participating in interviews that mirror real-world job

Selected interns become part of the summer program staff, helping plan and lead lessons, support the middle school students, and contribute to a positive, engaging program environment. The internship offers meaningful work experience, builds confidence, and strengthens resumes, while giving students the chance to take on new responsibility and grow as leaders.

A UNIFIED APPROACH TO STUDENT WELLNESS

Through an exciting partnership between ASPIRE and FCA's Behavioral Health department, high school students were able to opt into a social-emotional group designed to build self-awareness, resilience, and coping skills. Together they explored mindfulness, meditation, journaling, art therapy, voga, boundaries, and more.

Students gained valuable tools to navigate stress, strengthen relationships, and foster emotional well-being in a supportive and welcoming space, essential life skills that will benefit them far beyond the classroom.



MORE THAN MENTORSHIP: JASON'S STORY

When Jason first walked into Family & Children's Agency's ASPIRE after-school program in sixth grade, he was apprehensive. "I remember being really nervous, but it felt safe. Everyone had similarities," he said. At the time, Jason said he didn't put in effort and struggled to pay attention. That began

to change as ASPIRE gave him the structure and encouragement he needed.

Academics were the foundation, and Jason soon saw improvement. "From that year I was getting B's and A's," he said. What made the biggest difference, though, was the support of caring adults, including ASPIRE staff member Allison. "Ally was an adult you can trust, someone you can look up to. She put a lot of time and effort into us. I respected her so much that I would do my homework to try to impress her and make her proud," Jason said.

At home, support was harder to come by. Jason's older siblings had moved out, and he and his mother didn't speak the same language for much of his childhood. "Nobody at home knew English," he said. "So I'd go to program and they would help me translate papers for my mom." ASPIRE became more than a tutoring program. It filled a communication gap and helped Jason feel understood.

"Without them I would've been lost," he said.

With support from FCA's Sullivan-Kindler Scholarship, Jason graduated from Porter & Chester Institute. He is now preparing to attend CT State Norwalk and still reaches out to ASPIRE staff for guidance, proof that the bonds formed years ago continue to guide his future.

OF STUDENTS GRADUATED HIGH SCHOOL IN FOUR YEARS AND ALL WENT ON TO COLLEGE OR CAREER **TRAINING**



LAUNCHED A PROM CLOSET TO PROVIDE NO-COST **FORMALWEAR TO STUDENTS**

OF STUDENTS EARNED A C+ OR HIGHER IN BOTH MATH AND ELA, THE HIGHEST **SUCCESS RATE IN TEN YEARS**



BRAND NEW SIX-WEEK ESL CLASS WAS SUCCESSFULLY COMPLETED BY NINE SPANISH-SPEAKING STUDENTS



FCA's programs for families help nurture healthy relationships, support child development, and guide caregivers through times of challenge and change. With personalized services and a focus on long-term stability, we meet families where they are and walk alongside them every step of the way.

JOURNEY TO PARENTHOOD: KRIS AND MICHELLE'S STORY

"We did a lot of research on different types of adoption and agencies," Michelle shared. "We wanted to find an agency that shared our values, one that catered to individuals, same-sex couples, and diverse families. FCA felt like kindred spirits. When we went in for our initial information session at FCA, within two minutes of sitting down, Kris wrote me a note that said, 'You should work here,'" Michelle laughed.

At FCA they met Audrey, who became their adoption home study social worker and, more importantly, their guide and advocate. Audrey connected them with other families who had worked with various placement agencies, offering invaluable insight and advice. "The way she connected us with other people was so beautiful and extremely helpful," Michelle said. "Even now, she checks in on us, and it feels like she's part

of the family."

"FCA FELT LIKE KINDRED SPIRITS."

In early 2022, Michelle and Kris were matched with their son's birth mother. They spent a month building their relationship and met in person the night before their son was born. Michelle and Kris held their child for the first time when he was just five hours old. Their bond with his birth family continues to this day. "We're so lucky to have them in our lives," Michelle said. "We visit every year for our son's birthday to celebrate together. Our lives are forever intertwined, and it's exactly the kind of family we wanted to create."

Their little one, now nearly three years old, is the light of their lives. "It's the best thing ever, and also the most exhausting," Kris joked. "It's like having a tiny heart attack every second of every day. He's always surprising us, and it's the most amazing experience."



FAMILIES

This year, two of FCA's programs for DCF involved families were invited to participate in the Racial Justice Institute (RJI) Learning Collaborative. This learning group brought together providers and community members with lived experience to discuss structural and systematic challenges.

PROTECTING WHAT MATTERS MOST

FCA's DCF Involved Family Support programs help families working with the Department of Children and Families navigate challenges and create a safe, stable path forward. With a focus on in-home, relationship-based support, the programs promote the safety and emotional stability for all family members involved.

Strong outcomes show the impact of this work: 100% of those participating in the Intensive Family Preservation (IFP) and Reunification and Therapeutic Family Time (RTFT) programs had no repeat reports of abuse or neglect during their time in care.

Across every program, staff walk alongside families with compassion, consistency, and the belief that stability is possible.



ROOTED IN CONNECTION

FCA's Child & Family Development programs are helping parents build skills while also building community. This year, we've seen families form meaningful, lasting relationships through group activities that go beyond the home visiting

These group offerings have allowed families to develop friendships, and they have begun offering each other emotional support, child care assistance, and opportunities for connection, a critical step in reducing social isolation and maternal depression.

One standout example is our gardening group, where families come together weekly to tend FCA's flower beds at Fodor Farm. Parents and children work side by side, selecting plants, learning about nutrition, and spending quality time together. These moments reflect the heart of our work nurturing resilience, relationships, and a stronger

sense of belonging.

PROVIDING CRITICAL SUPPORT IN MOMENTS OF CRISIS

This year, Family & Children's Agency joined Norwalk's Crisis Response Team, a collaborative effort led by the Norwalk Health Department to support families following a suicide or unexpected death. The team offers immediate outreach, connection to grief support groups, therapy, faith-based resources, and other community supports.

As the only clinical provider on the team, FCA's staff member offers guidance on trauma response, helps families navigate their emotions, and recommends appropriate mental health services. By contributing clinical expertise to this collaborative effort, FCA is helping to build a more responsive and compassionate system of care for Norwalk families in their most difficult moments.







PARENTS PARTICIPATED IN THE PARENT EDUCATION PROGRAM (PEP) TO LEARN HOW TO PRIORITIZE THEIR CHILD DURING THEIR SEPARATION OR DIVORCE

ADULTS

Adults navigating life's challenges find trusted, compassionate support at FCA. Our dedicated team creates a safe, welcoming space where individuals can address mental health needs, overcome substance use, and move beyond housing instability, building a stronger foundation for what comes next.

LATINO OUTREACH: REDUCING STIGMA, EXPANDING ACCESS

FCA's Latino Outreach program is designed to build trust and break down barriers for Spanish-speaking individuals at risk for or experiencing substance use and behavioral health challenges. With a strong presence in the community, the program met 347 individuals through outreach efforts this year, provided 139 people with direct case management, and referred 7 individuals to withdrawal management services.

What sets this program apart is its deep connection to the communities it serves. Through 107 presentations to community providers and regular participation in regional collaboratives, the program promotes awareness, reduces stigma, and ensures Latino individuals and families know where and how to access care.

The results speak for themselves: 95% of those contacted received at least one service within 180 days, exceeding the statewide average of 78%. Whether assisting with transportation, making Narcan available for overdose prevention, or helping navigate complex systems, FCA's Latino Outreach Worker is a trusted advocate, meeting people where they are and helping them take the next step toward healing.

THE POWER OF HOLISTIC CARE

At FCA, the strength of our work lies not only in individual programs, but in the way those programs come together to serve the whole person, and often the whole family. This year, our housing programs deepened partnerships with other FCA departments to provide more holistic support to clients.

Through close collaboration with FCA's Senior Services, Project REWARD, and Child & Family Development programs, older adults received wellness checks and benefit coordination, women in recovery connected to behavioral health and peer supports, and families with young children were provided parenting and child development education.



This level of integrated care is a unique benefit of an organization like FCA, where multiple programs work in tandem to wrap our arms around individuals and families. By addressing challenges beyond housing, including trauma, caregiving stress, or developmental needs, we are better equipped to support long-term stability and reduce the root causes of homelessness.

COMMUNITY PARTNERS, SHARED PURPOSE

This year, Family & Children's Agency strengthened its commitment to collaboration through two new partnerships that expand access to behavioral health support and empower clients on their path to wellness.

Through our partnership with Laurel House, FCA provides clinical counseling to individuals with serious mental health conditions, while FCA clients benefit from Laurel House's education and employment services.

A second partnership with Mid-Fairfield AIDS Project (MFAP) connects individuals living with HIV/AIDS to FCA's trauma-informed therapists for personalized emotional and mental health support. These partnerships amplify our impact, reach more people, and ensure that no one has to navigate life's challenges alone.

Project REWARD is a trauma-sensitive outpatient recovery program for women, offering mental health and substance use treatment with supportive services that promote healing and long-term stability.

FROM HOSPICE TO HOME: KIRBY'S STORY

At one point, Kirby was in hospice, unable to walk and unsure if she would survive. Doctors told her she might not make it. But Kirby refused to give up. Nearly two years later, she is sober, back in school, and determined to create a future full of purpose. She says the support she found at Family & Children's Agency's Project REWARD program has been "life changing."

Kirby's path to recovery was shaped by deep loss and trauma. As a teenager, she lost her mother and turned to drugs to numb the pain. She was sent to a boarding school which was later shut down for child abuse, where she endured even more hardship. "It wasn't long until I was back, getting high... except this time around I had more things that I was trying to not feel," she said. Addiction, arrests, and eventually alcohol use followed, leaving her hospitalized with cirrhosis and placed in hospice care.

Even in those darkest moments, Kirby's determination kept her going. Slowly, she rebuilt her strength, even relearning how to walk. When she entered FCA's Project REWARD, she found the support system she had been missing. "This has become my biggest support system, having that one-on-one with a counselor every week. It has been so essential to me maintaining my sobriety and to find more confidence in myself. It is a really, really big blessing," she said.

Through counseling, trauma groups, and relapse prevention, Kirby discovered new coping skills and a community rooting for her success. "It just makes me feel so, so cared about. And it makes me more confident in my sobriety, myself as a person, myself as a mom, a daughter, a member of my community," she said.

Today, Kirby has rebuilt her relationships and her sense of hope. She is present for her son, cheering him on at his sporting events and showing him that change is possible. She has returned to school and is preparing for a career helping others in recovery. "[Project REWARD] was a real opportunity for me to continue to strive to be a better person, to continue my sobriety, to understand things in life outside of your control. There are ways of dealing with it. It's never too late to heal from it," she said.

96% OF INTENSIVE OUTPATIENT PROGRAM CLIENTS WERE NOT ARRESTED DURING THE YEAR, EXCEEDING THE STATEWIDE AVERAGE OF 75%



OF OUTPATIENT BEHAVIORAL
HEALTH CLIENTS WERE
HOSPITALIZED DURING THE YEAR



SENIORS

FCA's Senior Services empower older adults to stay independent, connected, and informed. From help navigating benefits to in-home care to opportunities for social engagement, our programs offer the practical support and personal connection that help seniors thrive in their homes and communities.

FINDING SUPPORT WHEN HE NEEDED IT MOST: LUIS' STORY

At 75 years old, Luis is raising his energetic 9-year-old son, Juan Felipe, on his own. When they moved to Norwalk from Stratford he was overwhelmed and unsure where to turn. "I was completely lost," he said.

Luis had just enough money to cover rent and no family or friends nearby. Unsure how to register his son for school or find help, he was referred to Family & Children's Agency. That's when he met his case manager, Mayra, who quickly became a lifeline.

"Thank God," Luis said. "I feel a little more security, you know, because anytime I need something, I can call."

Since that day, Mayra has helped him navigate nearly every challenge, enrolling Juan Felipe in school, applying for benefits, finding help with electric bills, and connecting to organizations for food and clothing when money was tight. FCA even helped secure financial aid for Juan Felipe to join a soccer team.

Life remains hard for this family. Luis is on a long waitlist for affordable housing and lives on a fixed income, but he said FCA gives him hope and stability. Without FCA, he said, life would be "very difficult."

Luis spends nearly every moment with Juan Felipe, determined to give him the future he deserves. "I spend a lot of time with my boy," he said. "I have him and he has me."

Now, fortunately, they both have FCA.

LUIS & JUAN FELIPE



SENIORS RECEIVED
IN-HOME SERVICES INCLUDING
HOMEMAKING, ASSISTED
TRANSPORTATION,
COMPANION SERVICES,
AND MORE

984 RENT REBATE
APPLICATIONS, RESULTING IN
\$434,659 IN DIRECT FINANCIAL
RELIEF FOR OLDER ADULTS





A RECOGNIZED LIFELINE FOR SENIORS

This year, Family & Children's Agency was honored to be designated a Community Focal Point by the Southwestern CT Agency on Aging, a recognition that affirms our role as Norwalk's trusted access point for aging and disability services.

For older adults in Norwalk, a single call to FCA can lead to housing assistance, food benefits, healthcare access, and community connection. Now in its fourth year as the City of Norwalk's Municipal Agent for the Elderly, FCA continues to serve as a trusted lifeline for seniors navigating complex systems and limited resources.

This year, FCA served 939 clients through our Senior Services programs. Of those, 82% were over age 65 and 99% were classified as low-income. These numbers reflect a growing need for support among older adults, and a growing trust in FCA to deliver it.

Often, what starts with a question about one benefit becomes a gateway to holistic support. Clients leave not only with forms completed but with new tools, new connections, and renewed confidence.

BECAME A DISTRIBUTOR OF SENIOR FARMER'S MARKET NUTRITION PROGRAM'S CARD AND DISTRIBUTED 298 CARDS

CONDUCTED

1,539

WELL-BEING CHECKS

99% OF SENIORS
RECEIVING IN-HOME
SERVICES REMAINED
IN THEIR HOMES

BRINGING SENIORS TOGETHER

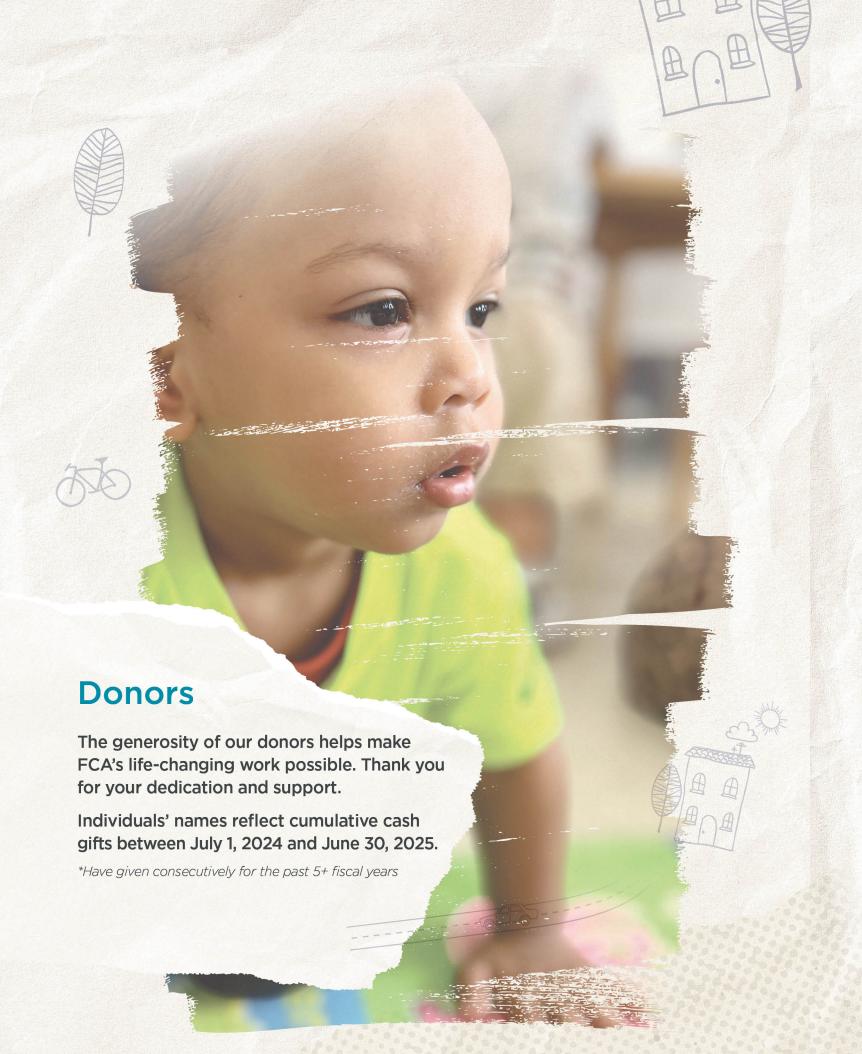
This year, FCA staff hosted 145 groups with themes ranging from scam prevention and wellness workshops to gardening days and creative events. These groups served more than 1,200 participants and were held in senior housing complexes, libraries, and community spaces across Norwalk, ensuring all can attend and creating welcoming and accessible programming.



MENTAL HEALTH SUPPORT FOR AGING ADULTS

Last year, FCA's Senior Outreach and Engagement program supported 165 older adults across the community, helping reduce isolation and connect individuals to the care they need. The program focuses on building relationships with adults age 55 and older who may be experiencing anxiety, mental health challenges, or substance use concerns.

Through regular outreach and compassionate care coordination, FCA social workers meet clients where they are, whether at home or in community settings, to ease fears, offer guidance, and provide referrals to vital services. Fostering trust and reducing barriers to support, the program continues to bring stability and hope to some of Norwalk's most vulnerable seniors.



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The William O. Murphy Family Strengthening Award recognizes individuals and/or organizations in the community whose contributions have dramatically impacted FCA's ability to strengthen and stabilize families. The award is named in honor of William O. Murphy, who was affiliated with the Agency for nearly 30 years.

The 2024 William O. Murphy Family Strengthening Award was presented to Kenneth Waller and Norwalk Community Health Center (NCHC).

Under Kenneth's leadership as Chief Executive Officer and Chief Operations Officer, NCHC has been a vital partner in ensuring the health and well-being of Norwalk's families. Kenneth's extensive experience in healthcare leadership and his commitment to addressing social determinants of health have been instrumental in forging this impactful collaboration.

Together, FCA and NCHC have expanded services to Norwalk's most vulnerable populations. Our partnership has enabled early intervention through developmental screenings for young children, prenatal support for mothers, postnatal mental health services, and case management for seniors — all offered through office hours held by FCA staff at NCHC. This collaboration has resulted in hundreds of children entering kindergarten developmentally ready, more families accessing home visiting programs to enhance parenting skills, and reduced stress for elderly patients and their

Congratulations to Kenneth Waller and Norwalk Community Health Center.



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IMAGINE 2025 was a lively evening of connection and generosity. ASPIRE student co-hosts brought fresh energy to the stage, joined by James Naughton as Master of Ceremonies and Auctioneer Lydia Fenet. Guests enjoyed an inspiring program, including a moving client story, and came together to support FCA's work. With leadership from Co-Chairs Jamie Buschmann and Sean McMurtry and the commitment of our event committee, the night was both memorable and impactful.



Golf Classic

FCA's annual Golf Classic brought supporters together for a beautiful day on the Brooklawn Country Club course in support of our mission. A highlight was a special conversation between lan O'Connor and Armen Keteyian about O'Connor's bestseller about Aaron Rogers. With the dedication of our golf committee and the generosity of participants, the event raised vital funds to help children, families, adults, and seniors in our community.



Bingo at the Beer Garden

FCA's Bingo at the Beer Garden returned this year, bringing together friends and supporters for an afternoon of games, prizes, and community fun. With the Junior Board of Advisors leading the way in planning and organizing, the event was a great success in raising funds and connecting people to FCA's mission.





Mother's Day Tea

Our Mother's Day Tea brought together a record number of friends and supporters for a beautiful day celebrating extraordinary women and raising vital funds for FCA's programs. The event combined stunning weather, a vibrant shopping boutique, and heartfelt storytelling to create a memorable afternoon.



In Honor & Memory

We are extremely thankful to those who chose to honor and memorialize their loved ones by donating to Family & Children's Agency.

In recognition of all the extraordinary women honored and memorialized through our Mother's Day card campaign:

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Mr. and Mrs. Christopher J. LaCroix Lambda Zeta Sigma Chapter of Sigma

Gamma Rho Sorority

Lazy Sister

Sean P. Lenahan

Long Lots Elementary School - PTA

Maclaren

Maritime Aquarium at Norwalk

Mr. and Mrs. Robert D. Martin
Mr. Scott McCarthy

Sean and Scott McMurtry Ms. Mary Ann Meils

Morgan Stanley

Morph Med Spa

NRC

Mr. and Mrs. Eric Niegelberg

NORD/LB Norddeutsche Landesbank Girozentrale

Norwalk Senior Center

Ox Ridge Elementary School,

Kids Care Club Ms. Joan Paul

Volunteers

Through their selfless contributions, volunteers not only amplify FCA's impact but also create a sense of community and empowerment for those they serve.

Prestige Consumer Healthcare Ms. Mary Rauscher Ravago RightClick Mr. and Mrs. Scott Rosen Rowayton Library Rumble Boxing Sono Rumihum and Bharat Sarpeshkar Mr. and Mrs. Streeter Seidell Mr. and Mrs. Eric Serotta Service League of Boys (SLOBs) -New Canaan Service League of Boys (SLOBs) -Wilton Shipman & Goodwin [solidcore] St. Matthew's Church SweatHouz Tauck Mrs. Jennifer Toll Total Wine & More Toys for Tots - Norwalk The Umbrella Club Mr. and Mrs. Joseph Valiante WaterWipes Mr. and Mrs. William O. Webster, Jr. Weston Women's League Westport Auction Whalers Brewing Company Maria and Tom Wilcox Bobbie L. Willmore Mr. and Mrs. Earl Willmott, Jr. The Wine Basket



Wood-n-Tap

Reverend Elizabeth C. Abel Charlotte C. Ackerman Lianne Acosta-Rua The Alberty Family Albourne Partners Anita Alcoser Melissa Algarin

All Saints Catholic School Siri Anagani

Kathryn M. Anderson

Sara Anson Anne Atkins

Jaquelline Avila

Sadiqua Azad Toby Baker

Jill Bakken Carol Ball

Ann Barton Alv Beaumont

Julia Beausoleil Jonathan Bell

Donna K. Below

Charlotte Berger

Susan Beyman Stefanie Blum

Caryn Bocchino Yolanda Bonomo

Barbara Boyd

Joann Brant Nick Brillo

Broad River Church

Jean Brown Lori Buchanan

Louisa Jane Buckey

Aviva Budd Amy Burke

Jamie Buschmann Katherine Buse

Laura D. Callahan Meg Campbell

Wenton Camporin

CARE

Carousel Preschool

Janel Cassara Valerie Davila

Kelly Chapple Mia Chatterjee

Brianna Cintron Joel Clark Linda Clarkson

Janine Cleary Agatha Cobert

Ellen Coghlan

Jessica Connolly Maura Connolly Elizabeth Cook

Sarah Cooke Amy Cooper

> Nancy Coppotelli Cornell Club of Fairfield County

Tricia Costanzo
Mary-Pat Cottrell
Grace Curley
Lillian Damast

Carly Danziger Jennifer Davatzes

Brian Davidson Nicola Davies Kari Davis

Cheryl C. De Vonish

Deb DeFeo
Peggy DeSantis
Elyse Dickenson
Jill C. Dimitrief

Rachael Dineen Michelle Doggett

Eliza Doolittle Madison Dopwell Brittany Dube

Marilyn Dugan Haiku Durden

Lilwyn Lucas Dyer Patricia Egan

Lizzy Eifler
Mary Ellen Elias
Pam Ely

Joe Enright **Becky Esposito** Carrie Everett FactSet Pam Fadner Samuel Farguhar Jim Fatsi Michelle Fechter Maureen Ferguson Phoebe Fernander Carey Field Theresa Figueiras Filling in the Blanks Debbie Finkel Beth B. Flavin Julia Fliegelman Susan Florido Amy Foodman Dana Freeman



Michael Friedman

Deborah S. Fuller Ernesta Gadalla Evelyn Galarza-Villegas Gallagher **Emily Galligan** Peggy Garbus Gen Re Mary Ann Genuario Oliver Gershey Christopher Giordano Ana Goizueta Heather W. Goldberg Jonathan Goldstein Susan Gomes Goodwives Quilters Josh Gordon Dianne and Will Green Carly Greenberger Matthew Greene Greens Farms Academy Julene M. Greenshields Rita Gresl Rebecca Grippando Olivia Grubb Cassidy Gutman

Margaret Haase



Minks to Sinks

Minks to Sinks had a milestone year, raising more than \$100,000 for Family & Children's Agency, marking its highest total since before the pandemic. Through two well-loved tag sales in Wilton, this all-volunteer organization continues to make a meaningful impact, supporting FCA's wide range of programs for children, families, adults, and seniors.

Luisa Kelso

With more than 90 years of history, Minks to Sinks reflects the power of community and service. This year, the group welcomed Laura Rowley as its new Chair. A dedicated volunteer with nearly a decade of experience, Laura brings deep knowledge and commitment to her new leadership role.

We are incredibly grateful to the volunteers who bring Minks to Sinks to life. Their generosity and hard work make a real difference, and we look forward to another successful year ahead.



Kristine Reddington Herlyn Diego Hernandez Natalie Hester Noni Higgins Sheila Higgins Anne D. Hoelzl Caroline Hoffman Jody Holmes Keira Zheng Noelle K. Hughes Laura Hussey Caroline Hutton Justin Hylwa Banji Iyun Jen Jaehnig Chris John

Holly Johnson Junior League of Stamford-Norwalk Evie Kaczmarek Jane Kandiew Colleen Cary Katz Jason Katz Cynthia Keating Susan Kellogg Karen Kelso

Armen Keteyian Diana King Nora King Donna Kleiber Anne Klotz Knights of Columbus, St. Matthew Council 14360 Linda Koch Karsten Koeppl Mary Kokias Eve Krauss Karen Kupinse Caitlin K. LaCroix Holly Landa Ronda Lanzi Susan M. Larsen Kelly Lash Madalene Laudani LBB Specialties Jane Legaz Brittany Leitten Sean P. Lenahan Suzanne Lenzer Rachel Lieberman Lisa Sheffield Lillie Gail Lilly LuAnn Lindon Ryan Little Nancy Lombardo Long Lots Elementary School - PTA Ashley Lubel

Kim Luppino

Dana Lupton

Mark D. Lux

Haley MacDonald

Justin Lux

Lindsey Mackay Jennifer Magalhaes Cecilia Q. Maher Rosemarie Malcarney Jeanette Maliniak Connor Mannix Brigitte Mansourian Meg Marchese Maritza Marino Nancy Marino Meredith Marks Leslie Markus Nea Martin Virginia C. Martin Natalia Martinez Susan Mathews Ada Mayer Katie McCabe Sarah McCall Marianne McCarthy Scott McCarthy Jacqueline McDougall Darlene McGhee Michele McLean Sean McMurtry Rob Meerman, Jr. Michelle Messina Fleuranda Metellus Angela Middleton Natalia Sieira Millan Karen Miller Minks to Sinks Hilary Mitchell Laureen Mody Jennifer Moore Jennifer Morales

Erin Moran

Raymond Moskow

Lorena Mreca Sandy Mumbach Catherine Munera Kathleen and Peter Murphy Mandy Murphy Peter Murphy, Jr. Ginger Murtaugh Wendy Nadel Jennifer Napoleon New Canaan Country School Ann Newton Dana Nickel Hillary Niegelberg Gail Nielsen Audra Noble Mary Norman Norwalk Senior Center Carolyn O'Brien Daniel O'Connor Rita McKenna Olson Andrea A. O'Meara Gladys O'Neill Julia Cereghino Carrie O'Reilly Delphine Overby Ox Ridge Elementary School, Kids Care Club Dawn Padovan Grace Papadakos Amber Paquette Marisa Parrotta Dolly Patterson PDC Brands Candy Perusi Maddy Peterson

Serena Peterson

Andress Pettibone

Kellogg Pettibone

Monika Piascik Frida Piazza Charlie Pieterse Sarah M. Pinkham Joyce Ploder Samantha Plosker Claire Plowright Helen Poliner Kelly Porter Isabelle Pound Suzie Bowen Powers Prestige Consumer Healthcare Brenda R. Prichard Robert Puorro Cynthia Quell Dana Quick Terry Ragazzini Lisa Raggio Susan Rance Will Raskopf Mary Rauscher Kerry Ray Devon Rayment Allegra Raynor Emilia Reciuga Daisy Restrepo Johanna Reuter Montserrat Reves Sigrid Richards Erin Richter Michael Robles Maya Ohl Rodriguez Sherlene K. Rodriguez Tara Rooney Kayla Rosen Brianne Rosenblitt Linda Ross Avery Rowe Laura Rowley Meghan Russo Carrie Sanders Santino Crudele Sands Bharat Sarpeshkar Megan Saverine Karen Scappaticci Krystyne Scherma Lynn Schneider Julianna Scionti Maurice K. Segall Taylor Serotta Service League of Boys (SLOBs) -New Canaan Service League of Boys (SLOBs) -Wilton Hirva Shah Aiden Sharp

Caleb Sharp

Shipman & Goodwin

Betsy Pettit

Melissa Phillips

Chrissy Silva Josie Silva Joanne Simeone Neha Singh Helen D. Skipper Slalom Martha Yepes Small, MD Karoline Smokler Betsy Smyth Tara Snow Wendee Sommerville **Bonnie Spetsaris** Michael Stein Lvnn Strickrodt Peg Sullivan Sharon Sullivan **Brodie Sweeney** Estelle Sweeney Tauck Deborah Taylor Betsy Thomas Jennifer Toll Patty Tomasetti Nancy Toothaker Trinity Church Athena Tsakanikas-Phillippides Tutor Time - Norwalk Jonie Vail Mathew Varughese Luisa Vasquez Michele and Brian Vendig Mary Wagner Donna Walker Leena Wangneo Nancy Ward Julia Wayland Trish Weber William O. Webster Jennifer Weil Nancy Weiner Kelly Weldon Weston Women's League Westport Auction Katy Williams Andrew Wind Martha Witte Angela Wood Jane Wood Emilia Woodhouse Nicole Woodring Samantha Yan Brianna Zarate Rick Zaremski Susan Zelman Ellen Zumbach

Sara Minueso Sicilia

Kathleen M. Shouvlin



ANNE C. CARY **VOLUNTEERISM AWARD**

The Anne C. Cary Volunteerism Award is presented to an individual who has demonstrated the highest level of volunteerism on behalf of Family & Children's Agency. The award is named in honor of Anne C. Cary, who was involved in nearly every aspect of volunteerism at the Agency for over 25 years.

The 2024 Anne C. Cary Volunteerism Award was presented to Meg Campbell.

Meg's unwavering dedication to FCA has spanned nearly three decades. Since 1995. Meg has played an integral role in the major Minks to Sinks biannual fundraiser. serving in various leadership positions, including Executive Committee member, Corresponding Secretary, and Chair. Through her tireless work with this unique fundraising initiative, she has contributed significantly to the resources and support available to families in our community.

Meg's commitment to FCA extends well beyond her work with Minks to Sinks. From 2007 to 2009, she served on the FCA Board of Directors, bringing her insight and passion to help guide the Agency's mission. Additionally, she was a key member of the Benefit committee in 2009-2011, helping to ensure the success of FCA's fundraising events. Whether through organizing or hands-on efforts, Meg has consistently stepped up to lead and support FCA's initiatives.

From working on one-time projects to volunteering in multiple capacities over the years. Meg has proven time and again that her dedication to FCA's mission is heartfelt and enduring. Congratulations to Meg, on this well-deserved award.

Financial Report 2024-2025

Operating Revenues

Government Grants \$8,977,002

Program Services \$2,664,880

O Contributions \$2,217,408

Private Grants \$1,716,800

Special Events \$642,551

Investment Activities \$311,481

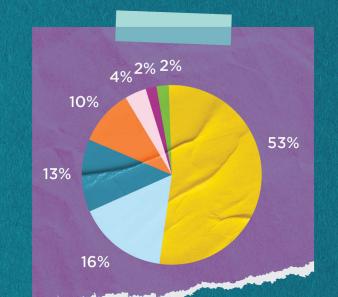
Other Revenue \$254,419

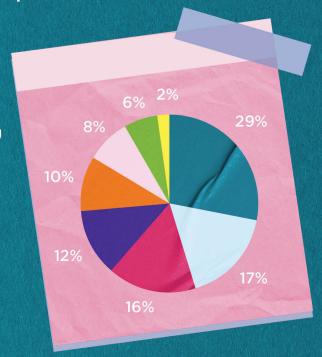
Total \$16,784,541

Operating Expenses

- **○** Family Support & Foster Care
- Adoption & Early Childhood Home Visiting
- Behavioral Health
- Housing Retention
- Senior Services
- Development
- ASPIRE
- Management & General

Results are unaudited as of publication date. Complete financial statements audited by CliftonLarsonAllen are available upon request.













Staff

Sharise Abraham, Karina Alonso-Ferrari, Kara Altieri, Julia Anderson, Yvonne Grant Ankle, Katherine Aquino, Silvia Arnoso, Michele Ayles, Ructhmy Bellefleur-Large, Mallory Benjamin, Charmante Boiteux, Juanita Bond, Eskarlith Bonilla, Madeleine Bray, Jane Breen, Eliza Brown, Odete Brown, Jordon Brown, Chanell Bruton, MaryGrace Burke, Sharri Butler, Marian Caldera, Andrea Cameron, Mary Capers, Camila Cardona, Arlindy Castillo, Violetta Cedeño, Erlande Celadon, Xiomara Celis-Galvez, Kannika Chap, Josiane Charlot, Monange Cineas, Darlene Cirilli, Karen Clark, Setsue Clarke, Katrell Clay, Maria Cloke, Agatha Cobert, Caitlin Collette, Renee Cortinhas, Brenda Costa, Demetria Dash, Monica D'Auria, Jordan Davila, Diana DeJesus, Emma Devine, Maryse Dugue, Beatrice Easton, Audrey Elliott, Paul Escandon, Daihara Feliz, Calondra Ferguson, Heysi Fernandez, Kashaine Ferryman, Nicole Finch, Claudia Fleuriot, Allison Footit, Roselaine Fouron-JeanFrancois, Emily Fox, Amy Galarza, Isabel Gallego, Angel Garcia, Enna Garcia, James Gilliard, Pamela Ginyard, Theresa Gleason, Kaytlin Gomez, Mariana Goni, Ximena Gordon, Dorothy Grajales, Angie Guzman, Ana Guzman-Castro, Lisa Habasinski, Michelle Hanson, Tiana Hatton, Alyssa Havens, Viviana Hernandez Ramirez, Jeanmarie House, Isabel Huyhua, Hilda Ibarra Munoz, Christopher Jachino, Marcela La Torre Laos, Samantha Leathers, Iridiana Leon, Jeremy Leone, Jacie Levethan, Karen Lewis, Christiana Liwag, Vanessa Lochard, Guerline Louis-Fin, Elizabeth Lupinacci, Claudia Maldonado Pierrette, Jennifer McBride, Tiffany McCarthy, Scott McGraw, Michelle McRae, Janet McRae Knight, Yulan Menzie-Hackney, Devon Miles, Sara Molina, Bernadette Mooney-Burke, Yadira Morales, Susan Myers, Natividad Franchesca Naso, Samuel Nerette, Jessica Nieves, Niana Nieves, Manuela Ochoa Isaza, Melissa Pagan, Altagracia Pena, Consuelo Perez, Ashely Perez, David Perez, Jennifer Perrottelli, Lindsay Perry, Lynn Pettway-Harris, Madge Philippe, Ans Plonquet, Andrea Prevost, Christina Prevot, Soraya Principe, Jennifer Procopis, Lindsay Quesada, Lucy Regalado, Anita Reid, Sandra Reyes, Althea Richards, Marta Rivera, Helen Robinson, Khaiesha Robinson, Melisa Robles, Peggy Rodgers, Abigail Rodriguez, Valeria Rojas, Codana Romalho Benjamin, Jennifer Sagastume, Elsa Sanchez, Marggie Sanchez, Sunil Saxena, Janina Serrao, Marie Simon, Dolly Singleton, Alexandra Sollazzo, Arianna Sosa-Vila, Christina Spieler, Rachel Spotts, Sidnee Streater, Yohanna Sufran, Stephanie Sylvestre, Andrea Tafur, Aniana Tavarez, Shaun Taylor, Marie Telo, Beatrice Thomas, Rena Thorne, Pamela Ulrich, Mercia Ulysse, Johanna Vasquez, Andrea Vasquez Franco, Claribel Velez, Mayra Velez, Daisy Velez Ferreira, Laurette Monica Vereen, Emilia Andrea Vila, Jessica Vivenzio, Roxann Ward, Thandeka White, Amanda Wien, Danielle Wilson, Margaret Woglom, Lu Xu, and Monica Zavala

President & Chief Executive Officer
Robert F. Cashel

Vice President, Human Resources Averi Dudek

Chief Financial OfficerOmar Garro

Vice President, Youth and Family Empowerment
Mary Kate Locke

Vice President, Community and Behavioral Health
Ligia Masilamani

Vice President, Chief Development Officer
Andrea Vakos



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