

REPORT

2020-2021



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## **ANNUAL** REPORT

2020-2021

#### **MISSION**

Building better lives and strengthening our community by providing essential human services to children, families, adults, and seniors

VISION
A thriving
community of
empowered
individuals
and healthy
families

#### **VALUES**

Professionalism, Integrity & Excellence; Proactive Approach to Meeting Community Needs; Strength-Based, Outcome Driven Services & Programs; Support of Diversity

## LETTER FROM PRESIDENT & CHAIR



This past year, Family & Children's Agency (FCA) has continued to be a leader in responding to community needs, even as the impact of COVID-19 continued to be a major focus.

In responding to the pandemic, we broadened our focus on public health. Working in partnership with government and nonprofit organizations, we added five community health workers to provide contact tracing and vaccine education. In addition, we hired crisis counselors to provide short-term supports and strategies to mitigate the mental health impact of the virus.

Despite the challenges of the past year, FCA has broadened and added programs in other areas as well. We focused on addressing the barriers to services faced by youth dealing with homelessness by coordinating and developing strategies and systems for early identification and intervention services.

We have also expanded our work with seniors in the community and are proud to have been chosen by the City of Norwalk to be the new Municipal Agent for the Elderly, making FCA the primary coordinator of services for seniors in Norwalk.

In addition to the work we are doing outward in the community, we have been looking inward as well by focusing on the issues of diversity, equity, and inclusion. Our Board leadership engaged in an eight month training program and have helped create a plan to intentionally diversify our governing body. Thanks to the efforts of our internal staff-led Social Justice Workgroup, we have a stronger focus on promoting diversity and equity not only in our work with clients but also in relation to our staff.

A key ingredient in the success of FCA even during the most challenging of times is our ability to respond quickly to the changing needs of our community. Our successes can only happen with the support and guidance of our incredible Board of Directors and the partnership and generosity of our donors. Once again, thank you for your engagement with us as we continue to change the lives of those in greatest need.

Robert F. Cashel President & CFO

Rod lande

Maria Wilcox Board Chair

Maria Wilcon

Over the last four high school senior classes in Norwalk public schools, 38% of students did not enroll in post-secondary education



97% of all FCA's ASPIRE 12th-graders have graduated high school and gone on to college or career training



FCA's ASPIRE program provides after-school and summer programming for Norwalk middle and high school students to empower them to graduate. By providing multi-faceted, wraparound services focusing on academics, social-emotional assets, and a system of support, ASPIRE bridges the opportunity gap. During the COVID-19 pandemic and the challenges of distance learning, ASPIRE became more critical than ever for students and families.

#### NEW INITIATIVE FOR HIGH SCHOOL STUDENTS

For the first time, FCA's ASPIRE high school students were given the opportunity to intern with our summer program for middle schoolers.

Interested students were taught how to apply for the positions and given advice as they created and submitted resumes and cover letters. They were coached through interviews with staff members, and those who were awarded positions learned workplace norms like dress code, clocking in and out for their shifts, and attending staff meetings.

This opportunity provides work history as students begin their professional lives, and we hope to continue the program in the future.



#### **VALERYN**

When Valeryn entered the ASPIRE program as a very shy sixth-grader, she already felt like giving up on school. She was trying her best, but her grades were Ds and Fs. Her parents weren't able to help as much as they wanted to because of a language barrier, and Valeryn was discouraged and frustrated.

At ASPIRE, the staff helped her complete her assignments and provided tutoring to help her catch up, but despite all

her efforts her grades didn't reflect the work she was putting into her education. Eventually, her FCA case manager suggested she be screened for a learning disability. ASPIRE staff walked her family through the process of getting Valeryn evaluated by the school, and it was determined that she qualified for Special Education services.

With an Individualized Educational Plan, or IEP, in place, Valeryn began seeing her grades improve. And along with As and Bs on her report cards came more confidence. Valeryn said she answers questions in class and speaks up now when she never would have before.

Over time, Valeryn said ASPIRE became her "second home." She turned to ASPIRE staff first when she had personal issues and her case manager stood beside her, literally, when she addressed a difficult topic with her mother. FCA continues to be in touch with Valeryn's school to work in collaboration and ensure she is receiving the accommodations she's entitled to. And Valeryn is learning to advocate more for herself by emailing her teachers directly and speaking up when she needs something.

"Without ASPIRE, my grades would be very bad and I wouldn't have gotten the help I needed," she said.

Now, Valeryn is an honor role student with plans to attend college, and FCA is very proud of her progress.



133 middle and high school students were served during the school year

Despite the challenges of remote learning, **82%** of ASPIRE students reached "All-Star" status, meaning they earned a B- or above in all common core courses

93% of students enrolled the previous year returned for the 2020-2021 school year

#### KIM AND JOHN

When John met his foster mom Kim and moved into her home, it was the perfect match for a child many didn't think would fit in anywhere.

John was 7 years old, non-verbal and autistic, with ADHD. He often got frustrated when he couldn't express himself and could be aggressive or even violent. He has sensory issues and dislikes the feel of clothes on his skin, often shedding them at the first opportunity. Kim said he was a "handful."

But dealing with kids who are a handful is one of Kim's specialties. She had already taken in several children through her time as a foster parent with the Department of Children and Families (DCF) and Family & Children's Agency's Specialized Foster Care program. Right away, Kim and her FCA social workers hit the ground running to get John the supports he needed.



FCA social workers connected Kim with a behaviorist who visits with John every single day to help with his sensory issues and behavior. They were there for Kim when she called for advice or just to vent, and helped her arrange for babysitters and transportation for John. Over time, he began to develop some language skills and had outbursts less frequently. And he began showing his love and appreciation to Kim as well. Very affectionate, John likes to hold Kim's hand and often grabs her face with his hands and presses their noses together.

Kim adopted John this past July in a beautiful virtual ceremony that had everyone in tears. He will have stability, permanency, and love for the rest of his life.

"The adoption felt good, but he was already ours," Kim said.



#### **FOSTER CARE STUDENTS GRADUATE**

This year, 100% of high school seniors in FCA's Foster Care program received their diploma, including Jerhommy (left) who is attending Porter and Chester University and plans to become a nurse. Congratulations graduates!

159 foster children were placed in FCA licensed foster homes

#### SUPPORTING CHILDREN WITH MENTAL HEALTH NEEDS

Our Intensive In-Home Child & Adolescent Psychiatric Services (IICAPS) provides support for young people with serious mental health needs to keep them safe at home and out of inpatient facilities. Last year, children were deeply impacted by the COVID-19 pandemic and the upheaval it caused in their lives. Despite those challenges, the program served 103 clients and 97% were not in a hospital or residential home at the time of discharge.

**97%** of FCA's IICAPs clients were at home rather than in a residential facility or hospital when they were discharged



#### **HOUSING YOUTH**

In a new initiative, FCA has started working with youth and minors experiencing homelessness for the first time. While we have focused for more than 20 years on adults experiencing homelessness, this new effort responds to a significant and alarming need in our community.

Unfortunately, youth homelessness and housing insecurity continue to be major issues in Connecticut and Fairfield County with 7,823 minors and young adults ages 13-24 expected to experience homelessness or housing instability in 2021. The Connecticut county with the greatest number of youth struggling with housing in 2020 was Fairfield County.

FCA is now leading the effort in Fairfield County working to develop a Coordinated Access Network (CAN) for youth and minors. This CAN will be a comprehensive system of care to ensure that Fairfield County

is connecting youth and young adults experiencing homelessness and housing instability with services that meet their needs.

By improving outreach and engagement with youth in need; strengthening relationships with schools, the Department of Children and Families (DCF), and the juvenile justice system; as well as collaborating with other community outreach and drop-in centers, the CAN will build a youth-centric system of care to promote self-sufficiency and ensure that episodes of youth homelessness are rare, brief, and non-recurring.

Nationally, up to 70% of mothers experience the "baby blues" and 20% have symptoms of postpartum depression



# Last year, 86% of women with post-partum depression saw reduced symptoms after therapy with FCA

FCA's Child & Family Development program builds strong, nurturing relationships between parents and their children. This bi-lingual, home-based program helps parents learn about their child's development while stabilizing families in crisis and screening for maternal depression.



#### MAKING SCREENINGS ACCESSIBLE

Each year, FCA staff work with parents to help track and understand their child's development. One tool used is called the Ages and Stages Questionnaire (ASQ), a survey designed to empower parents to assess milestones. However, due to COVID-19, we were unable to meet with families to complete these assessments in the traditional way.

Undeterred, our staff developed and launched a virtual screening program. 100% of eligible clients completed their ASQ online, leading to 21 children receiving closer monitoring and targeted interventions as they reach their developmental goals.

#### **FOCUS ON FATHERS**

In the past year, FCA's
Fatherhood Initiative helped
the men who participated
learn how to form close
bonds with their children and
encourage their development.

#### **ADVANCEMENTS IN ADOPTION**

Last year, FCA made major advancements in the way we support families at all stages of the adoption process.

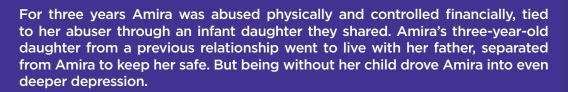
We licensed more than 3.5 times as many families as the prior year, a major first step for hopeful adoptive families. In addition, we added new support groups for prospective adoptive families as well as those who have completed their adoptions. These gatherings build communities of support for those going through this life-changing process.

#### **AMIRA**

"I was in a lost space, mentally and emotionally."

That's how Amira describes her state of mind when she started a relationship with a man who quickly became abusive.

"I lost myself," she said.



Finally, one day, her landlord called Child Protective Services, a call Amira says was an answer to her prayers.

"He saved me," she said.

Amira was quickly moved into a domestic violence shelter with her infant daughter and the clothes on her back. There, she was connected with the Family Support program at Family & Children's Agency.

Through FCA, Amira worked on her goals, was given basic items like diapers and food, and attended therapy. She didn't want her daughters to think domestic violence is acceptable, and started focusing on restarting her life and getting her oldest daughter back.

Amira spent nine months at the shelter before finding an apartment, a moment she remembers sharing with her FCA worker as they literally jumped for joy. Together they completed paperwork, and FCA helped her get furniture, school supplies, and child care. Now, with both her girls under one roof, a good job, and control of her own finances, she said she feels safe, settled, and stronger than ever. She's even thinking about going back to school to become a social worker to help others in similar situations.

"I'm a warrior," she said, a clear change in the way she sees herself from her mindset while in that abusive relationship. "I got a second chance."



#### SUPPORTING FAMILIES

Last year, FCA's Family Support programs worked with more than 180 families involved with the Department of Children and Families (DCF) to prevent child abuse or neglect. Our staff provide intensive support for both children and parents so eligible kids can be reunified with their parents and all can be safe and supported.

Last year, 94% of children living temporarily with family members in a caregiver placement stayed in their home, a huge step for their stability and security.

Most importantly, of the 86 families in our program due to a report of child abuse or neglect, none had a repeat report.

45 families struggling with homelessness were housed in safe, stable housing

According to a recent study, up to 80% of women in substance abuse treatment have histories of trauma



FCA's Project REWARD is one of the few gender-specific programs in Fairfield County where women can focus on recovery while feeling safe

#### HELPING WOMEN OVERCOME ADDICTION

Our Project REWARD staff work tirelessly to ensure clients have the best support to help them stay on the path to recovery. Last year, 53 women were served with 973 individual therapy sessions and 134 group sessions. Although the program never stopped operating during COVID-19, services were moved to be virtual during the height of the pandemic.

Unfortunately, being isolated is a major trigger for those struggling with addiction, and the deeper work of addressing past trauma must be completed in person. For those reasons, Project REWARD safely brought services back in-person in May of 2021. By gathering the women together three times each week for the Intensive Outpatient Program (IOP) as well as the weekly Replapse Prevention Group, clients have been building relationships with one another and deepening their support networks in their journey toward sobriety.

Last year, **53**women attended
134 group sessions
as they worked to
overcome addiction



#### **BRINGING SERVICES ON-SITE**

By supporting residents on-site at apartment complexes and developments, FCA is lowering the risk of evictions. Last year FCA served 124 people at Monterey Village and other scattered housing locations through the community. With FCA's case management, all clients in that program maintained or secured housing last year.

Now, FCA is the service provider at Soundview Landing, an income-based housing development in South Norwalk, where we will provide case management and wraparound services to help residents retain their housing.

#### SAL

From living in a homeless shelter to being a respected community leader, Sal says Family & Children's Agency has helped him achieve his goals.

Sal moved to Westport after graduating high school to be near his aunt, his closest family member after his father passed away. While she supported him emotionally, Sal wasn't able to live with her long-term. So, he moved into a homeless shelter.

For nine months Sal shared a room with 15 other men. During that time he began therapy to treat his depression and met his FCA case manager, Joe. Together, they applied for a housing voucher for Sal and were able to find him a studio apartment. In addition, FCA assisted Sal in securing health insurance and groceries.

Now in his own apartment, Sal is following his passion for community service as an elected official in Westport. He serves as a Representative Town Meeting member, Westport's version of a City Council. Sal enjoys being a leader and using his voice to support his community, an opportunity he didn't have when living in the shelter.



Sal still returns regularly to the shelter to volunteer. And, after 17 years, he still looks to Joe and FCA for support.

"Whenever I need help I call Joe," he said.

100% of FCA's Supportive Housing clients remained housed



#### **HOUSING THE HOMELESS**

Family & Children's Agency is an important first stop for those experiencing homelessness in the Fairfield County area. In order to secure assistance or get into a shelter, community members must make a Community Access Network, or CAN, appointment.

Last year, FCA completed 362 CAN appointments, which entail meeting with the adults and families who come to our office, often with a suitcase of all their possessions. Our first step is to try to help them find a place to stay. 42% of those who came to us for help last year were "diverted" from entering the homeless system through financial assistance FCA provided to get into new housing, transportation to live with family, or other solutions.

According to the CDC, up to 75% of nursing home residents experience a fall



## FCA's in-home Home Care services allow seniors to remain at home, and last year only 2% of of those clients fell



#### **ALICE AND LOU**

"Beatrice has allowed me to be a daughter again."

That's the sentiment from Alice, whose father, Lou, has Beatrice as his <u>in-home aide</u>.

Lou is 77 and has had a myriad of health problems recently. Fiercely independent, it had been a long time since Alice had been in his home when she went in January to do some deep cleaning and give him a fresh start to the new year. She was shocked by his

condition when she arrived. Alice said he didn't seem like himself, was weak, and had stopped doing activities he loved. Alice began closely monitoring his health, bringing him to doctors appointments up to three times each week, monitoring his medications, cleaning his home, cooking for him, doing laundry, and more. All this while working full time and caring for her own family where she lives more than 40 minutes away.

When Alice decided it was time to get her father in-home care, FCA was a logical choice. Lou had been using FCA's personal emergency alert services for years after a scary fall left him alone on the floor for more than 10 hours before help arrived. And what a difference Beatrice has made.

Initially resistent to having any help, Lou has come around to having Beatrice in his home. "I love her, to tell the truth," he said.

Just having Beatrice there helps motivate Lou to get up and move, and her caring companionship has eased his loneliness. Alice trusts Beatrice to monitor her dad, so Alice is able to go back to being his daughter instead of his caregiver.

"His mood is different, his cognition is different, he's HIM again," said Alice.

99% of clients in FCA's in-home senior programs remained in their homes

FCA's Personal
Emergency
Alert clients
pressed their
buttons more than
3,600 times

991 clients were served by FCA's Home Care programs

(Pictured: Lou and Beatrice)

#### **AVOIDING FALLS**

Falls are a main cause of serious injury and death in the elderly, and each year more than 60% of nursing home residents experience a fall. FCA works extensively to prevent this outcome for our older clients.

Last year we performed 154 fall risk assessments, and helped seniors perform home modifications to mitigate risk, and educated our clients about how to stay safe. Thanks to these efforts, just 2% of our clients with in-home services experienced a fall.



#### **SENIOR SUPPORT GROUP**

FCA held a series of support group meetings for seniors dealing with pandemic stress. Together, they discussed coping skills and engaged in fun, stress-relieving, community building activities.

#### NEW ROLE EXPANDS FCA'S SENIOR SERVICES

FCA is the new Municipal Agent for the Elderly for the City of Norwalk. Now called Senior Services Umbrella, FCA has partnered with the City to engage elderly Norwalk residents and link them to the services and activities that will promote their health, well-being, and independence.

Senior Services Umbrella will focus on breaking down barriers and forming connections for local seniors, focusing specifically on underserved areas. Staff will connect with vulnerable seniors on-site at Norwalk Housing Authority locations, area churches, and senior housing facilities to overcome issues related to geography and transportation. In addition, bilingual staff will help seniors overcome issues like language, literacy, and technology barriers by assisting as they navigate systems like Medicare, health care, and rental assistance.

FCA is perfectly suited to do this work, as the nearly 80-year-old organization has been helping seniors remain healthy and safe at home by supporting and empowering them throughout its history. By offering a continuum of care for older adults, including personal emergency alert services, home health aides, live-in care, homemakers, caregiver support, chore assistance, and transportation, FCA caters to the specific needs of each client. Senior services are paired with social work services to better serve more than 1,000 seniors each year.

66 FCA is a great community partner **99** and trusted resource.

-Norwalk Mayor Harry Rilling

"By partnering with the City of Norwalk to become the Municipal Agent for the Elderly, FCA is able to expand our services and offer critically needed assistance to seniors at locations throughout the community. We are very excited about this new partnership with the City," said Robert F. Cashel, President & CEO of Family & Children's Agency.

## COMMUNITY

#### **MARCUS AND DENISE**

When Marcus and his wife Denise got COVID-19, community health workers from FCA were in touch to ensure the couple, in their 60's, were able to stay safely at home while quarantining. Without friends or family nearby, they were concerned about their finances while out of work. FCA helped them access food and other assistance, and they began to recover from the virus.

However, when Marcus took a bit longer to recuperate, his employer fired him due to missing too much work. Marcus and Denise were upset and afraid. They turned to their contact tracer for help.

FCA was able to contact Marcus' employer and explain the situation and guidelines surrounding isolation. After becoming more educated on the situation, he changed his mind about firing Marcus.

These types of occurrences are what makes community health workers so important. Now healthy, Marcus is back to work and he and his wife are financially stable.



#### COMBATING FOOD INSECURITY

FCA clients faced an increase in food insecurity over the past year, and the Agency worked to alleviate that stress by forming partnerships and purchasing food. Over the past year, FCA delivered more than 4,000 boxes of healthy food to those in need and provided grocery gift cards to more than 2,000 families. In addition, FCA partnered with other area organizations to have restaurant meals delivered to those in need.

**4,000**healthy food boxes were delivered to those in need

#### CONTACT TRACING AND COMMUNITY HEALTH

When a Norwalk community member tests positive for COVID-19, contact tracing is done to limit the spread of the virus. Over the past year, FCA's Community Health Workers served more than 1,000 clients through contact tracing end education. FCA staff help community members who test positive for the virus during isolation by connecting them to services, providing assistance like ordering groceries or refilling

medications, and educating them about their illness.

**1,015** clients served through contact tracing and community health programs

Now, the program has expanded to begin addressing the increasing health disparities in our community.

#### CRISIS COUNSELING

During the height of the COVID-19 pandemic, FCA hired new crisis counselors to help community members impacted by the public health crisis as part of the COVID-19 Assistance for Community Health (COACH) program.

**1,650** people received COACH crisis counseling

The services helped 1,650 clients struggling due to pandemic-related stress, trauma, job loss, and isolation.

Now, the program has expanded and will cover not only pandemic-related work but will also focus on addressing the increasing health disparities in our community.

#### SUPPORTING CRIME VICTIMS

As the area provider of the Victims of Crime Act (VOCA) program, FCA offers assistance with the victims compensation process, advocacy and emotional support, connection to resources, crisis intervention, and case management for victims of crime.

Last year, the program served 481 clients state-wide, most of whom were victims of domestic abuse or physical/sexual assault. Over the course of the year, more than 75% reported accomplishing at least one goal they set for themselves at intake, a huge accomplishment in the face of terrible circumstances.





#### **VACCINE CLINICS**

FCA partnered with the Norwalk Health Department to offer COVID-19 vaccines weekly at our Ben Franklin Center location. Community members were welcomed to get either the Pfizer or Johnson & Johnson vaccine without need for preregistration or insurance. By offering this service in the community FCA is helping our neighbors overcome transportation challenges so they can protect themselves and their families from COVID-19.



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-Child & Family Development Client

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If we inadvertently misspelled or omitted your name, we apologize. Please call the Development office at 203-855-8765 so that we may correct our records.

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Griswold, Lisa Habasinski, Andrea Hager, Becky Hager, Hayley Hansen, Mary Ellen Hass, Molly Haunty, Carol Haupt, Sara Hayes, Michelle Herbert, Nancy Herling, Kris Herlyn, Marge Hermann, Jennifer Hewell, Amanda Hocking, Joy Hocking, Linda Hocking, Marianne Hoffman, Sally Hollis, James Hughes, Maureen Hughes, Kim Hunold, Mary Hurley, Debra Hyman, Jeff Hyman, Carolee Iltis, Lisa Isherwood, Susan Jackson, Suzanne Jakstavich, Suzanne Janczewski, JoAnn Jasinnas, Paule Jensen, Annamarie Kealy, Maureen Kelly, Len Kenowitz, Shirley Kenowitz, Elaine Kerr, Marcia Kibbe, Terranda King, Nancy Koehle, Catherine Konstantin, Rosaria Konstantin, Robin Kosh, Eileen Krueger, Kimberly Kubin, Debbie Kuntzman, Margo Lacey, Abigail Lamb, Mary Davidson, Connie Landis, Diane Laudani, Eileen Laudani, Shelley Leibowitz, Vanina Lesko, Joan Lillie, May Locuson, Colleen Loftis, Kelley Loucas, Beverly Lovst, Laurie Lovst, Sally Lynch, Heather Lynn, Becky Marko, Robert Martin, Rebecca Martusewicz, Corinne Maskaleris, Linda Mason, Katherine Maxwell, Cheryl Mayer, Bett McCarthy, John McCarthy, Hillary McGonigle, Jennifer McNamara, Nancy Meaney, Nancy Meehan, Sarah Menninger, Cecilia Mesh, Melinda Meyer, Grace Miller, Katie Miller, Meredith Voges Miller, Tami Miller, Linda Moakler, Bruce Mooers, Danielle Moore, Darrah Moore, Tim Moore, Diane Morey, Kathleen Murphy, Jessica Neville, Kaisa Newhams, Allison Nichols, Eric Niegelberg, Hillary Niegelberg, Rachel Niegelberg, Andrea Niewenhous, Barbara Nolan, Jo-Linda Nolan, Elaine Noonan, Eve Norris, Robin Novello, Amy Nussbaum, Elizabeth O'Connell, Marsha O'Connor, Judy Orr, Luciana Orzano, Marina Orzano, Del Overby, Karen Pazdera, Lindsay Perry, Lou Perry, Marcy Perry, Nancy Peters, Danille Petrie, Elizabeth Pforzheimer, Bridget Philipp, Ruth Philipp, Kate Pigue, Jytte Pirritt, Laurence Pitteway, Judy Presswood, Gavi Price, Ethel Prospect, Barbara Ramsay, Priscilla K. Rebillard, Barbara Rittner, Gail Roby, Tracy Rosen, Diane Rosenthal, Rocco Rossetti, Jr., Ray Rossi, Tamath Rossi, Nancy Rowe, Howard Rubin, Suze Rubin, Julie Ruffa, Liz Salguero, Marie Schiavone, Rosemary Schmitt, Pauline Schreier, Janina Serrao, Joyce Serrao, Michael Serrao, Tad Serrao, Debra Sheffield, Kim Sheffield, Gayle Shepard, Blair Shoemaker, Carol Short, Marisa Signorella, Michael Signorella, Gina Signorella-Arlen, Roberta Silman, Dawna Sipowicz, Eleana Sipowicz, Margaret Skelly, Beth Snow, Stephanie Spadaccini, Kathy Spencer, Claire Stebbins, Karen Stenger, Jane Stevens, Jen Stier, Julie Stone, Kathryn H. Sullivan, Robin Sullivan, Christine Surowiec, Judy Surowiec, Patsy Sutherland, Lissa Teague, Gloria Tenofsky, Jackie Trombetta, Cheryl Spritz Unger, Andrea Vakos, Doreen Vakos, Joseph Valiante, Sally Valiante, Miguel Velasguez, Maria Jose Villacis, Jessica Vivenzio, Julie Voeglin, Kenly Voght, Cindy Ward, Susy Warren, Trish Weber, Lisa M. Weinberger, Jaxon White, Marian Wilbur, Kenneth Wilcox, Kristin Wilcox, Maria Wilcox, Tom Wilcox, Betsy Wilson, Donna Winsor, Robin Wirth, Michelle Wishna, Mary Wynn, Angela Yelich, Laurie Young, Marilyn Young, Dana Zarilli, David Zaroff, Ira Zaroff, Larry Zaroff, Stephanie Zeigler

#### In Memory

Maxine Bendheim, Cathleen Bergen, Antoinette Boudiette, Sandra Campbell, Maggie Davis, Irene Canning Dehn, Marianne K. Dolan, Sara Jane Fleming, Elizabeth Furlong, Lillian Marie Galante, Mary Glenson, Camille Golia, Alice Grodske, Allison Haupt, Andrew Mann, Nicole Meek, Charles Niewenhous, Ann LaBella Orefice, Barbara Robinson, Mary Laurie Semple, Charlotte Taverna, Mary Vakos, Joseph A. Valiante, Susan Beers Weishaar

### **IN-KIND**

We are grateful for our partnerships with local businesses, community organizations, and individual donors which play a major role in supporting FCA clients.



Aircastle

Mr. and Mrs. Joseph Alberty

Ms. Sadigua Azad and Mr. Mohammed Ali

Mr. and Mrs. Thomas G. Anderson

Ms. Rachel Attivissimo

Ms. Bernadette Baldino

Mr. Jason Bear

Mr. and Mrs. Dave Belport

Mr. and Mrs. Paul Bonomo

Mr. Edward T. Breen

Mr. and Mrs. Tim R. Callahan

Campbell Snacks - Norwalk

Mr. and Mrs. Robert Campbell

Carousel Childcare

Mr. and Mrs. Thomas Clark

Connie's Circle Ministry

Mr. and Mrs. AJ Cooper

Creative Healthy Habits

Mr. and Mrs. George Davatzes

Department of Motor Vehicles - Norwalk

Mr. and Mrs. Brian Dineen

Michelle and Jeb Doggett

Mr. Kent Dunlevy

FactSet

Mr. and Mrs. Ken Fadner

First Congregational Church on the Green

The Fischer Family

Ms. Erica Fish

Goodwives Quilters

Ms. Carey Field and Mr. John Guth

Ms. Lisa Habasinski

Harmony on the Sound

Mary Ellen and Bill Hass

Ms. Kim Healy

High Water Women Foundation

Mr. and Mrs. Desmond Hussey

Kristi Ng and Banji Iyun

Evie Kaczmarek

Mr. and Mrs. Andrew Kandiew

Mrs. Anne Klotz

Knights of Columbus, St. Matthew Council 14360

Mr. and Mrs. Dave Koch

Long Lots Elementary School

Ms. Dana Lupton

Mr. and Mrs. William Mathews

Mr. and Mrs. Richard Mayer

Ms. Kelly L. McAllen

Ms. Jeanette McGuinness

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Ms. Karen Murchison

New Canaan Country School

Nicolator

Nordstrom

Norwalk Senior Center

Mr. and Mrs. Jerry O'Neill

Mrs. Delphine Overby

Ox Ridge Elementary School, Kids Care Club

Mr. and Mrs. Stephen W. Pettit

Mr. and Mrs. John Ragazzini

Ms. Maureen Reynolds

Ms. Cecilia Rios-Nino

Mr. and Mrs. Edward Rowley

Mr. Brian Russell, Red Shoe Film

Mr. and Mrs. Timothy Seamans

Mr. and Mrs. Jonathan Seiden

Mr. and Mrs. David A. Semple

Service League of Boys (SLOBs) - New Canaan

Mr. and Mrs. Kenneth Simeone

Mr. and Mrs. Charles Sommerville

Mrs. Peg Sullivan

Ms. Karen Sweeters

Mr. and Mrs. Rick Tomasetti

Ms. Kari Davis and Mr. Paul Von Steenburg

Mr. and Mrs. Patrick Walsh

Ms. Trish Weber

Weston Women's League

Maria and Tom Wilcox

Ms. Nicole Wilson-Spiro

Ms. Carol Zahornasky

## COMMUNITY PARTNERS

The committment of our partners helps make FCA's life-changing work possible. Thank you for your dedication and support.



Boys & Girls Village

The Child & Family Guidance Center

Connecticut Council of Family Service Agencies

Connecticut Food Bank

Connecticut Office of Early Childhood

The Connection

Cornerstone Community Church

Family Centers

Filling in the Blanks

Human Services Council

Keystone

LifeBridge Community Services

Maritime Odyssey Preschool

Mid Fairfield AIDS Project

Norwalk ACTS

Norwalk Board of Education

Norwalk Community College

Norwalk Community Services Department

Norwalk Health Department

Norwalk Housing Authority

Odyssey Family Executive Center of South Norwalk

Opening Doors Fairfield County

Person to Person

State Department of Children and Families

State Department of Housing

State Department of Mental Health and Addiction Services

State Department of Social Services
Southwestern CT Agency on Aging and Independent Living
U.S. Department of Housing and Urban Development

#### **PLATES WITH A PURPOSE**

Last year, FCA partnered with area restaurants to support local businesses while raising needed funds for Agency programs. By donating a portion of proceeds from certain days to FCA, these eateries gave back to their community.

#### FCA@HOME

Thank you to all who attended FCA's first-ever virtual event last October. Supporters gathered online to learn more about FCA's programs, hear directly from front line workers and clients, and help bridge the significant funding gap caused by canceled events and the impact of COVID-19.

#### PLAY FOR FCA

Last year's Play for FCA, held in October in lieu of our typical Golf & Tennis Classic, offered golfers the rare opportunity to purchase unescorted foursomes at some of our area's most prestigious golf courses with the proceeds benefitting FCA.

### **VOLUNTEERS**

Our dedicated volunteers inspire good action in others. We thank you for your tireless efforts.



Charlotte C. Ackerman

Lianne Acosta-Rua

Sophia Aquirre

Albourne America LLC

Joseph Alfson

Kathryn M. Anderson

Brigitte Arcoite

Brian D. Arsenault

Anne Atkins

Sadigua Azad

Toby Baker

Jill Bakken

David Barnard

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Jason Bear

Alv Beaumont

Jon Bell

Jo Bennett

Sarah Bernhard

Susan Bevman

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Leona Bissonnette

Stefanie Blum

Carvn Bocchino

Lena Booth

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Tina Butler

Emiliano Caballero

Maureen Cacace

Laura D. Callahan

Meg Campbell

Wenton Camporin

Alison Cantor

Angela Carev

Carousel Childcare

Sally Carta

Janel Cassara

George Paniagua and Jim Catland

Reed Childers

Joel and Bridget Clark

Maura Connolly

Amy Cooper

Alexandra Cooper-Ghee

Nancy Coppotelli

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Emma Danile

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Wendy David

Brian Davidson

Nicola Davies

Kari Davis

Chervl C. De Vonish

Deb DeFeo

Jayne Desloge

Jill Dimitrief

Rachael Dineen

Michelle Doggett

Fliza Doolittle

Suzanne Dorfman

Shirin Dorne

Marilvn Dugan

Haiku Durden

Cindy Ely

Pam Ely

Joe Enright

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Becky Esposito

Suzie Ettie

FactSet

Pam Fadner

Elizabeth Fahev

Maria Farinas

Samuel Farguhar

Jim Fatsi

Matt Ferrer

Carev Field

Debbie Finkel

First Congregational Church on the Green

Jo Ann Flaum

Beth B. Flavin

Susan Florido

Amy Foodman

Roseanne Forslund

Julie Fowler

Deborah S. Fuller

Emily Galligan

Peggy Garbus

Christopher Giordano

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Matthew Greene

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Marion Herbert

Kris Reddinaton Herlyn

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Sheila Higgins

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Houlihan Lawrence

Liz Hughes

Noelle K. Hughes Laura Hussey Julie Isaacs

Kristi Ng and Banji Iyun

Jen Jaehnig

Kimberly R. Johnson Evie Kaczmarek Tamara Kalin Pamela Kelley

Susan Kellogg Maggie Kelly Luisa Kelso Armen Keteyian

Diana King

Donna Kleiber Clarke

Anne Klotz

Knights of Columbus, St. Matthew

Council 14360 Linda Koch Annie Kruger Melissa Kyle

Kerry and Rob Labritz

Sophie Lamaker Ronda Lanzi Eva Larino Susan M. Larsen Madalene Laudani

Jane Legaz Sean P. Lenahan Allison Leopold Maritza Lian Lisa Sheffield Lillie

Gail Lilly Sandi Lincoln Phyllis Lindland LuAnn Lindon Margaret Lippman

Julie Liston

Long Lots Elementary School

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Sydney Lovro
Alison Luciano
Kim Luppino
Dana Lupton
Justin Lux
Mark Lux
Cecilia Q. Maher
Rosemarie Malcarney
Ann Margaret Mannix

James Mannix Nancy Marino Cora Martin Nea Martin Virginia C. Mar

Virginia C. Martin Laura Martins Susan Mathews Ada Mayer Sarah McCall

Scott McCarthy Nancy McKelvy Nancy Meehan Sienna Meehan Michelle Messina Natalia Sieira Millan

Marianne McCarthy

Karen Miller
Karis Miller
Sarah Millien
Doris Minichini
Hilary Mitchell
Dhruv Mittal

Stephanie H. Moore Raymond Moskow Sandy Mumbach Karen Murchison

Kathleen and Peter Murphy

Peter Murphy, Jr. Wendy Nadel Jennifer Napoleon

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Ann Newton Dana Nickel Gail Nielsen

Northeast Community Church

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Rita McKenna Olson
Andrea A. O'Meara
Gladys O'Neill
Delphine Overby
Lauren Owens
Wendy Packer
Dawn Padovan
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Suzie Bowen Powers Brenda R. Prichard Terry Ragazzini Devon Rayment Sigrid Richards Sherlene Rodriguez Tara Rooney

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Laura Rowley
Bridget Rudner
Meghan Russo
Eric Ryalls
Martha Sanchez
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Maurice K. Segall

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Service League of Boys (SLOBs) - New

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Pete Smith Betsy Smyth Tara Snow Melissa Soccio Wendee Sommerville

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Dorothy Sparling
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William O. Webster Jennifer Weil Nancy Weiner Kelly Weldon Patricia A. Wernig The Wietfeldt Family

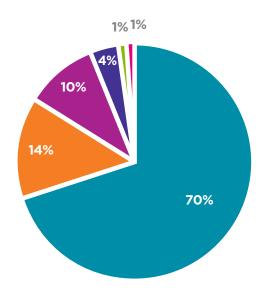
Maria Wilcox
Katy Williams
Gwenna Williamson
Carolyn Wissinger
Martha Witte
Jennifer Wolfe
Jane Wood
Nicole Woodring
Lydia Wyclif
Elfriede Yoder
Rick Zaremski
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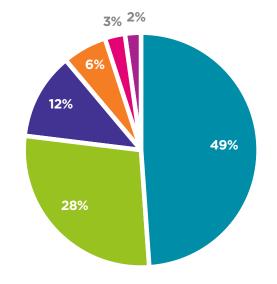
Ellen Zumbach

## FINANCIAL REPORT

2020-2021

Results are unaudited as of publication date. Complete financial statements audited by CliftonLarsonAllen are available upon request.





#### **Operating Revenues**

Government Grants \$12,808,733
Program Services \$2,493,734
Private Grants \$1,752,061
Contributions \$658,675
Special Events \$191,639
Investment Activities + \$113,632

\$18,018,474

#### **Operating Expenses**

Child Welfare Behavioral Health Home Care

Development & Fundraising

Adoption

Management & General









#### **Executive Group**

Robert F. Cashel | President & Chief Executive Officer Mary Ellen Hass | Executive Vice President & Chief Operating Officer Omar Garro | Vice President & Chief Financial Officer Andrea Vakos | Vice President & Chief Development Officer Averi Dudek | Director of Human Resources

Jessica Acosta, Anabell Andrade, Yvonne Ankle, Angela Armstrong, Andrea Arnold, Silvia Arnoso, Labib Ayasi, Helen Barnes, Kelsey Barnes, Matthew Barrett, Rose Barthelus, Julene Battiste, Ructhmy Bellefleur, Codana Romalho Benjamin, Ruth Bestman, Charmante Boiteux, Maritza Bonilla, Valerie Boucard, Latina Brame, Jane Breen, Angela Christian Brooks, MaryGrace Burke, Sharri Butler, Christine Cacace, Andrea Cameron, Mary Capers, Angelina Castro, Violetta Cedeño, Erlande Celadon, Yolette Celestin, Kannika Chap, Josiane Charlot, John Chernesky, Darlene Cirilli, Karen Clark, Setsue Clarke, Maria Cloke, Elizabeth Coritt, Vanessa Cortes, Renee Cortinhas, Carol Cruz, Susana Cuartas-Ordonez, Vera Daniel-Scanterbury, Demetria Dash, Monica D'Auria, Betty Davis, Siobhan Davis, Dany Delva, Natalie Domenech, Kaela Draughn, Melissa Dunlap, Megan Dunn, Beatrice Easton, Audrey Elliott, Shennell Espeut, Barbara Evans, Melissa Evans, Raymonde Exume-Strackman, Todd Faus, Daihara Feliz, Doris Igiebor Ferraiolo, Daisy Velez Ferreira, Kashaine Ferryman, Nicole Finch, Angela Fiore, Beverly Florian, Allison Footit, Anne Foster, Roselaine Fouron-JeanFrancois, Emily Fox, Iluminada Franco, Adriana Fuchs, Samantha Galette, Isabel Gallego, Angel Garcia, Marie Gaspard, Sara Ghiggia, Pamela Ginyard, Jennifer Giraldo, Maria Girdhari, Theresa Gleason, Mariana Goni, Ximena Gordon, Dorothy Grajales, Gabrielle Grant, Mahogany Green, Aubrey Grodin, Fabienne Guerrier, Irma Guerrier, Matthew Guida, Sharon Guilme, Carlos Guzman, Maria Guzman, Ana Guzman-Castro, Lisa Habasinski, Brennah Halsey, Tiana Hatton, Alyssa Havens, Sherley Hieu, Jeanmarie House, Donna Huot-Benz, Isabel Huyhua, Christopher Jachino, Farah Jackens, Ann Jackson, Micha Jackson, Patricia Jackson, Marie Jacques, Amy Jeffereis, Iyesha Johnson, Suzette Johnson, Janet McRae Knight, Rebecca Korley, Ingrid Kurensky, Catherine Kwofie, Dieula Lauture, Jeremy Leone, Keith Lepp, MD, Karen Lewis, Vanessa Lochard, Mary Kate Locke, Guerline Louis-Fin, Karen Lourd, Judith Marroquin, Judith Martinez, Ligia Masilamani, Arete Mbengue, Jennifer McBride, Tiffany McCarthy, Deneisha McLean, Aileen Medina, Lindsey Melendez, Jamie Mestanza, Jane Michaud, Gina Michelle, Devon Miles, Charmaine Miller, Magdy Mohamed, Ana Montoya, Bernadette Mooney-Burke, Christopher Moore, Gloria Morales, Yadira Morales, Marissa Morgan, Sunanda Muralee, MD, Elizabeth Murdoch, Torrie Musselman, Susan Myers, Lydwina Ngu, Patricia Nietsch, Jessica Nieves, Niana Nieves, Kimberly Norman, George Onuegbu, Karen Ortega, Lizzette Ortiz, Tania Parrent, Anna Paulk, Amanda Paurice, Maria Pensiero, Jennifer Perrottelli, Lindsay Perry, Madge Philippe, Wisline Pierre, Claudia Maldonado Pierrette, Pamela Porterfield, Pamela Ramdhanie, Ashley Reazer, Lucy Milla Regalado, Lorraine Reid-James, Angela Rizzo, Helen Robinson, Liliana Rodas, Peggy Rodgers, Abigail Rodriguez, Valeria Rojas, Star Ross, Ernesia Rowe, Edward Ruiz, Clarence Salmon, Heidy Sanchez, Jennifer Sanchez, Marggie Sanchez, Valerie Sanon, Patricia Santos, Paul Schaffer, Avette Sealey, Janina Serrao, Suprena Shuler, Marie Simon, Paige Sinchak, Dolly Singleton, Lynda Snagg, Alexandra Sollazzo, Kattina Spell, Odette Stephens, Sidnee Streater, Andrea Tafur, Aniana Tavarez, Marie Telo, Beatrice Thomas, Jossett Tomlinson, Sabrina Torri, Shari Troost, Pamela Ulrich, Mercia Ulysse, Samantha Valentin, Johanna Vasquez, Erika Velasquez, Maria Gallego Velez, Tanya Arocho Velez, Iverna Vernet, Jessica Vivenzio, Linette Hector Walker, Mary Paul Walker-Ference, Ida Walker-Malik, Roxann Ward, Darnell Watkins, Catherine Welfare, Jodian Wesley, Thandeka White, Prince Wilda, Ethel Williams, Megan Williams, Margaret Woglom, Queenie Wong, Xanic Wood, Lu Xu

As of October 19, 2021









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